

The Routine - Part 4

1. Take a deep, relaxed breath
2. Release a steady stream of air
3. Blow through each note, all the way to the end
4. Add more energy to the sound for higher notes
5. Relax fully in the rests. Don't jump ahead!

Wm. Adam / Kerry England

Voice

The musical score is written for voice in 4/4 time, featuring a treble clef and a key signature of one sharp (F#). The piece consists of ten staves of music. The notation includes quarter notes, half notes, and whole notes, many of which are connected by long, sweeping slurs. Rests are used to indicate where the breath should be held. The melody starts on a middle C (C4) and moves through various intervals, including ascending and descending lines. The final staff concludes with a double bar line.